

Welcome. Use this guide to register with Manpower.

Step one: Complete your My Manpower profile. Tell us about your skills, education and experience.

- **Don't have an account? Create it now.** Follow these instructions to create and activate your account.
- Already have a a My Manpower account? Log in, activate our account if needed and review your profile to make sure it is up to date. Use these instructions as a guide.

### Step two: Get to know each other

• **We'll talk together** about your skills, past work experience and current interests. This, along with the appropriate assessments, helps us find out what's right for you.

### To create your profile

You need an email address to create your My Manpower account

• If you don't have one, ask your Manpower representative for instructions on setting up a free email account.

Enter your information as **completely and accurately** as possible.

- Fields with a red asterisk (\*) are required.
- You may need to scroll down on some pages to view the full page.



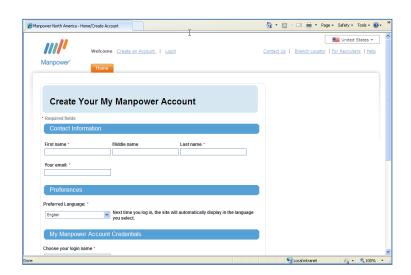
### **Create your My Manpower Account**

- 1. Go to manpowerjobs.com
- 2. Click Create An Account



- 3. Fill in your
  - First name
  - Last name
  - Email address
- 4. **Preferred Language** defaults to English. You may change it

Use the scroll bar to move down the screen



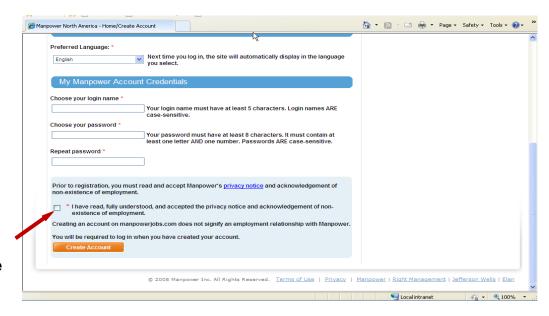
**Scroll Down Page** 



- 5. Your email address is set as your login name. We suggest you leave your email as your login name.
- 6. **Create a Password.** Follow the on screen instructions to create a password you will remember.
  - You will use your Login Name and Password shortly. Write them down if you need to
- Click in the box to the left of \* I have read... to accept Manpower's privacy notice
- 8. Click Create Account

**Congratulations!** You've created your My Manpower account . Now, tell us about yourself.

- Enter your Login Name and Password
- 10. Click Login to My Manpower





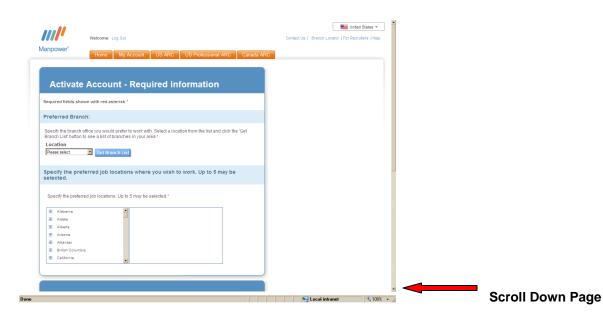


#### **Activate Your Account**

 Click on the words Make your account active in the right hand section



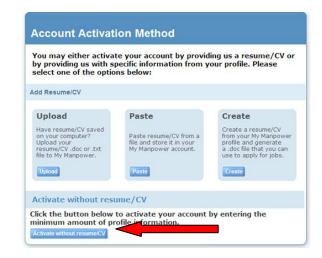
- 2. Select the Manpower Branch you are sitting in
  - Click the arrow for the Location drop down list
  - Choose a state/province and city combination by clicking on it
  - Click **Get Branch List** and select the Manpower office
- Tell us <u>where</u> you are willing to work. Select at least one (and up to 5) Preferred Work Location(s)
  - Click the + next to the state
  - Select one or more cities





4. Use the scroll bar to move down the screen. Click Activate without Resume/CV.

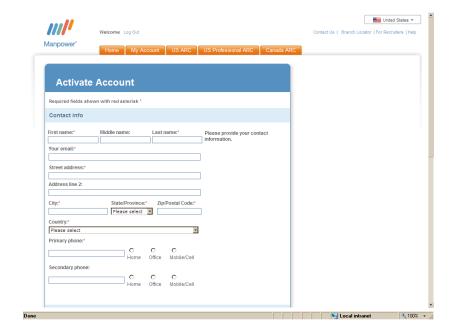
Do not attempt to include a resume at this time. If you have a resume you may add it to your profile later.





#### How do we reach you? Enter your Contact Details

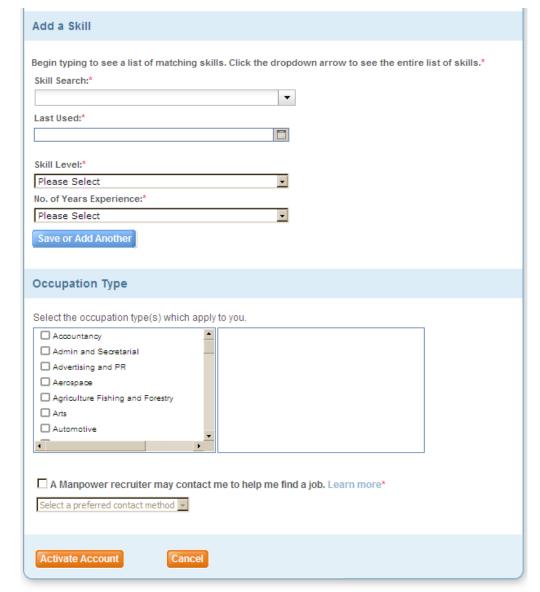
- 1. Your first, last name and email address are filled in. Confirm the information is correct.
- 2. Enter your **Street Address**, **City**, **State/Province** and **Zip/Postal Code**. Select your **Country**.
- 3. Enter the number where we can best reach you in the **Primary phone** field. Indicate if it a Home, Office or Mobile/Cell number.
- 4. Can we reach you at another number? Enter it in the **Secondary Phone** field





#### What can you do? Enter your skills.

- 1. Select a skill in the Skill Search drop down.
- 2. How recently have you used this skill? Click the calendar for the **Last Used** field and select a date.
- 3. Indicate your Skill Level:
  - Beginner: relatively new skill
  - Proficient: one you use regularly and do well
  - Expert: expert-level grasp of this skill
- 4. Select the **Number of Years Experience** you have using this skill. For a new skill, select 1
- 5. Be sure to list multiple skills. Click **Save and Add Another** to add more skills to your profile. Repeat steps 1 5 for each skill.
- 6. Skip the Occupation Type field.
- 7. Click 'A Manpower recruiter may contact me to help me find a job' and select your preferred contact method from the dropdown.
- 8. Click Activate Account





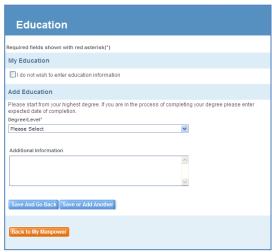
### **Build your profile**

### **Tell us about your Education**

1. Click **Education** in the right hand section.

- 2. Select the **Degree/Level**. Start with your highest degree. Be sure to add an entry for each level of education such as high school, college, graduate school, etc.
- 3. Use **Additional Information** to enter the school name and if you are still in school, when you expect to complete the degree.
  - Click **Save and Add Another** to enter all the degrees you have. When finished, go to Step 4.
- 4. Click **Back to My Manpower.** Then click **Work Experience** in the right hand section.

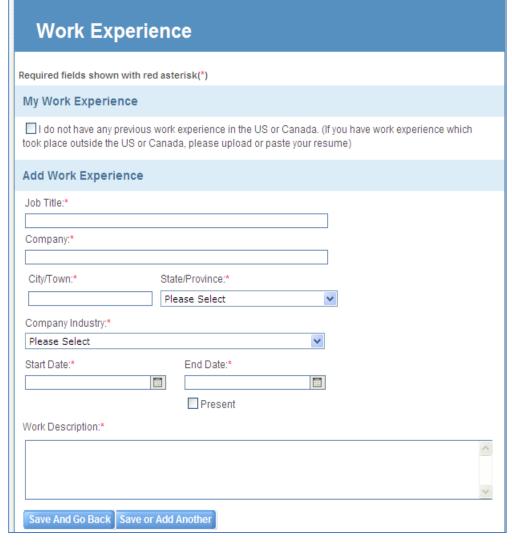






### Tell us about your Work Experience

- 1. Starting with yout most recent job, enter your work experience.
- 2. Enter the **Job Title** of the position
- 3. Enter the name of the **Company**, **City** and **State** where you worked
- 4. Select the **Company Industry** (the main business) from the drop down list. .
- 5. Enter when you started and ended the job. If you are still working, click the box next to **Present**
- Briefly describe your job duties in the Work Description field
- 7. Click **Save and Add Another** to enter more work experience (enter at least the last 10 years).
- 8. When you have entered your complete work history, click **Save and Go Back**





Your main My Manpower profile is complete. You may stop here. If you are in a Manpower office, let your Manpower representative know you've finished.

If you stop here and are in a Manpower office:

Click **Log Out** at the top of the page



Then **click the X** in the top right corner close the screen

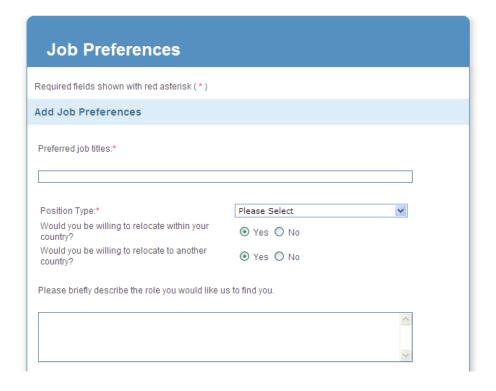


There are two optional sections (Job Preferences and References) you may also complete. See the next pages for instructions.



### Help us help you: Job Preferences

- 1. From your My Manpower page, click **Job Preferences** in the right hand listing
- 2. What type of positions do you prefer? List any job titles you are interested in
- 3. For **Position Type**, select Temporary unless you are only interested in direct hire positions. Select Permanent if you will not accept temporary work
- 3. Answer the relocation questions
- 4. Describe the kind of work you would like Manpower to find you
- 5. Use the scroll bar to move down the screen and complete the **Job Preference** section



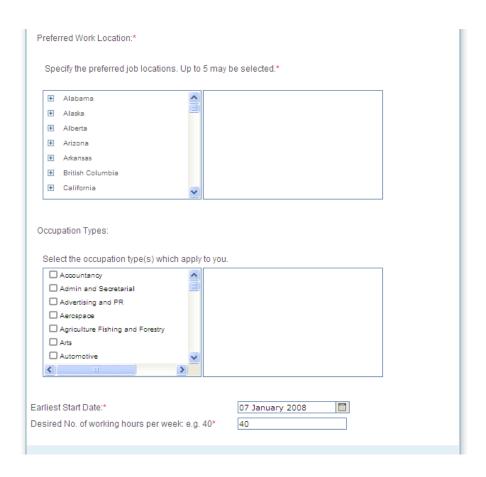


#### **Job Preferences continued**

- 6. You previously selected your **Preferred Work Location**. You can make changes
- 7. You can select **Occupation Types** in which you would like to work and which relate to your skills
- If you are available to start work right away, enter today's date in the Earliest Start Date field. If you are not available until a specific date, enter it here
- Indicate if you're looking for full or part time. Enter the number of hours a week you're looking to work in the Desired number of working hours per week field. For full time, enter 40 hours.
- 10. Click **Save Preference** to return to your My Manpower account

The Job Preferences section is complete. You may stop here. If you are in a Manpowr Office, let your Manpower representative know you've finished.

To provide references, click References in the right hand listing on your My Manpower page.





#### References

- 1. Enter the person's **Name** and indicate if the reference is Professional, Personal or Educational
- 2. Enter the company or organization at which the reference works in the **Company** field. Enter the person's **Job Title**
- 3. Enter the reference's **Phone Number.** Email address is not required. If you know their email address, enter it.
- 4. Describe how this reference knows you. Indicate Manpower can contact the reference
- Click Save or Add Another to add another reference.
  When you are finished entering reference, click Save and Go Back to return to My Manpower account

### You are Done!

All required and optional sections are now complete. Log Out of you're My Manpower account and close the screen using the X in the upper right corner.

If you are in a Manpower office, let your Manpower representative know you've finished.

